



VIPER **KING OF THE** **MOUNTAIN** **2020**

EVENT GUIDE



COURSE OVERVIEW

VIPER KING OF THE MOUNTAIN 2020 will be happening on 7th and 8th March 2020 at the Grand Ion Delemen Hotel which is located 6,000 feet above sea level at one of the highest points at Genting Highlands.

Get ready to be challenged with the course route of 7KM and 12 obstacles as well as natural elements of mist, cold temperatures, wind and high altitude.

Every participant will be able to complete and overcome these classic obstacles. **There are no wet obstacles at this event** and therefore no changing area or showers will be provided. There will be Water and First Aid Stations along the course as always.

IMPORTANT

THERE IS NO PUBLIC PARKING AVAILABLE AT THE GRAND ION DELEMEN HOTEL, GLORIA RESIDENCES OR G-LUXE BY GLORIA.

Parking is an exclusive privilege for **hotel-room guest** and **cars will be vetted at entry checkpoint.**

QUICK TIPS

Gather at the **designated Event Shuttle Bus Pick-Up location** which will bring participants to the Festival Site. Plan ahead with team members to carpool or take public transport.



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FESTIVAL SITE

QUICK TIP

At 6,000 feet above sea level, the wind can be strong and cold. Participants are advised to wear appropriate gear such as **windbreaker, gloves and long pants.**



VIPER KING OF THE MOUNTAIN 2020 FEST AREA MAP



FROM REGISTRATION (500M)



MEDIC TENT



PHOTOWALL



1 START & FINISH AREA



2 FINISHER TENT



3 VIP HOSPITALITY



4 COUNTERPAIN



5 COUNTERPAIN OBSTACLE



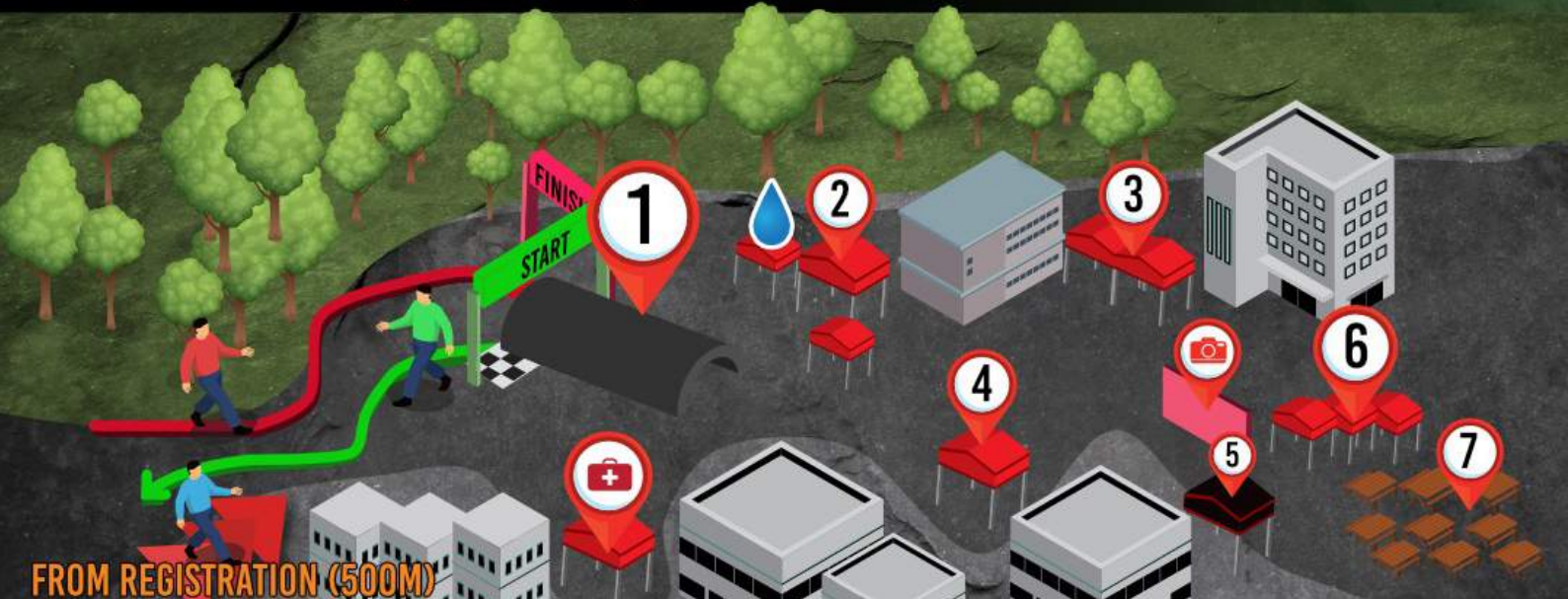
6 SPONSORS



7 PICNIC AREA



FINAL WATER STATION



EVENT SHUTTLE BUS

- Plan ahead with team members to carpool or take public transport.
- Those driving are advised to park at proper paid parking lots around First World Hotel and gather at the **designated Event Shuttle Bus Pick-up location. (about 10mins walk)**

SHUTTLE BUS PICK-UP

Save the GPS coordinates on your navigation app
3.423230, 101.798452
(Google Maps)

SHUTTLE BUS HOURS:

7th Mar : 5:00AM - 6:00PM
8th Mar : 5:00AM - 4:00PM
(10mins ride from pick-up to Registration)

SHUTTLE BUS VIDEO

Watch a quick video on how to get to the Shuttle bus pick up point. [Play video](#)

BAGGAGE DROP

- Located at level GF of the Grand Ion Delemen Hotel, enter through the lobby of Grand Ion Delemen Hotel.
- To smoothen the process, deposit only ONE bag for each participant.
- We will not accept bags bigger than standard cabin size bag.
- All items deposited are at the risk of the owners. We are not Responsible for lost or damaged items deposited at Baggage Drop.

BAGGAGE DROP HOURS:

7th Mar : 5:15AM - 5:00PM
8th Mar : 5:15AM - 3:00PM

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REGISTRATION

Registration Counters will open at 5.15 AM on the morning of the Event Days at the **Designated Event Shuttle Bus Drop-Off location**. The main Festival Area is located at the outside grounds of the Grand Ion Delemen Hotel.

Participants are required to Check-In or Register 90 minutes before their confirmed Start Time. This is to cater to the large number of participants at each Start Time.

7TH MAR 5:15 AM – 1:00 PM

8TH MAR 5:15 AM – 11:00 AM

YOU WILL NEED YOUR E-TICKET AND MATCHING PHOTO ID TO CHECK-IN
NO WRISTBAND = NO ENTRY



E-TICKET:

- From Eventbrite.
- Attached as a PDF file on your Registration Summary email after a successful registration to be scanned during Event Day Check-In /Registration.



PHOTO ID:

- NRIC / Passport.
- To prove your identity on Event Day.
- Can be photocopies or stored on your mobile device.
- Name on E-Ticket must match the name on Photo ID to participate.

QUICK TIP

Team Leaders can collect wristbands on behalf of their team members by presenting all their respective E-tickets and matching photo ID.

The members **do not** need to queue at Registration.

Without your Wristband, you will not be allowed into the Start Line Entrance so make sure you put it on securely. **Wristband must be worn at all times.**

PLEASE BE PUNCTUAL. If you MISS your Start Time you will be transferred to the last wave at 2.00PM for 7th March or at 12.00PM for 8th March.

The **SURAU** is located at level 6 of the Grand Ion Delemen Hotel. Enter through the lobby and take the elevator up.

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EVENT DAY

WHAT TO WEAR

Essentials :

- Proper outdoor running shoes with grip. There are trails involved.
- Comfortable gear ie long track pants, windbreaker and gloves to keep you warm.

Recommended :

- Compression gear for protection against cuts and bruises.

DO NOT WEAR :

- Any valuables ie watches and jewellery.
- Any loose items such as smartphones, wallets spectacles, or cameras.

SERVICES AVAILABLE

- MEDICAL SERVICES
- BAGGAGE DROP
- TRUCKS SELLING FOOD & DRINKS

WHAT TO BRING

Compulsory :

- E-ticket (printed out or saved in smartphone)
- Photo ID such as NRIC or Passport

Recommended :

- **CASH** to buy food, drinks, or products; there is no ATM within the premises and food trucks may not accept cards or e-payment.

WEATHER

VKOM2020 will be delayed if there is any visible lightning around the area until it clears. We will notify and announce constant weather and scheduling updates whenever it is required.

If you are caught out at the Course when there are thunder and lightning, here are a few simple Rules that you can remember:

- 1) Avoid small shelter such as tents or tall structures including trees as well as open areas.
- 2) Take cover under lower uniform trees or nearby substantial buildings.
- 3) Apply the **30:30 Rule**. Count the time from the lightning strike to its accompanying thunder. If it's under 30 secs that means the lightning is less than 10km away and you need to **immediately go to a safer place**. Wait 30 mins after the last thunder clap before continuing the Course.
- 4) Follow the instructions of the obstacle or route marshals. If required, participants will be directed back to the festival area for safety reasons.

MEDICAL

- If the participant is experiencing dizziness, loss of focus, or irregular heartbeat please consult the Medical Staff nearby.
- Participants are advised to monitor their body temperature, heartbeat and general well being to avoid any untoward medical situations.
- The Medical Services offered during VKOM2020 are for serious cases of injuries and medical emergencies. They **will not** prioritize any cases of:
 - Muscle cramps
 - Minor cuts & bruises
 - Minor sprains & strainsAll those mentioned above are not medical emergencies.



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FORGET FEAR, WORRY ABOUT ADDICTION

2020 SERIES FINISHER





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VIPER FAMILY

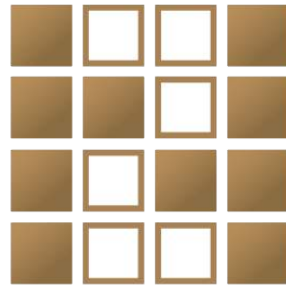
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